

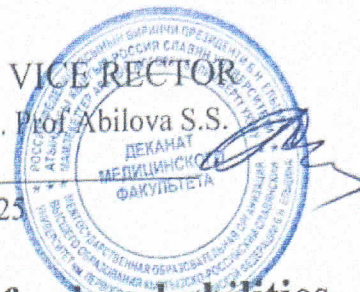
MINISTRY OF EDUCATION AND SCIENCE OF THE RUSSIAN FEDERATION,  
MINISTRY OF EDUCATION AND SCIENCE OF THE KYRGYZ REPUBLIC

Government-run Educational Institution of Higher Professional Education  
Kyrgyz-Russian Slavic University named after B.N. Yeltsin

ENDORSED BY VICE RECTOR

The Dean, Assoc. Prof. Abilova S.S.

23.10.2025



**Educational practice on mastering primary professional abilities  
and skills, including primary abilities and skills of scientific-  
research activity (General care for therapeutic patients)**

**Course Outline (Module)**

Assigned to	<b>Department of Practical Training and Basic Principles of Academic Research Work</b>	
Academic Curriculum	560001 LDi .plx 560001 General medicine (for foreign students)	
Qualification	<b>Specialist</b>	
Mode of Study	<b>Intramural</b>	
Total Credit Value	<b>2 credit points</b>	
Course Hours	60	Scope of Testing Semesters: credits with mark 1
including:		
in-class learning		
individual work	60	

Course Hours Scheduling (per semester)				
Semester Academic Year	I (1.1)		Total	
	AC	CO	AC	CO
Weeks	18			
Type of Training				
Individual Work	60		60	
Total	60		60	

### 1. COURSE OUTLINE OBJECTIVES

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| 1.1 | On providing first-aid to people in critical situations, on features of patients care taking into consideration their age, character and severity of disease including agonal patients, on observance of infection control requirements, rules of antiseptics, aseptic, disinfection and presterilizing preparation of medical instruments; preparation of patients for diagnostic investigation and test collection for surgical treatment; control of curative-protective regimen and diet; studying of main principles of medical ethics and deontology in surgical clinic; filling in medical documentation and knowledge of functional duties of an assistant nurse |
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### 2. PLACE OF THE COURSE IN THE EDUCATIONAL PROGRAM

Educational Program Units: B2.B

#### 2.1 Students' Preliminary Training Requirements:

2.1.1 Anatomy

2.1.2 Biology

2.1.3 Chemistry

#### 2.2 Course Units and Practical Sessions imposing the prior Proficiency

2.2.1 Clinical practice (Hospital physician assistant)

2.2.2 Clinical practice in receiving professional skills and experience of professional activity (Procedure nursing assistant)

2.2.3 Basements of emergency

2.2.4 Traumatology and orthopedics

2.2.5 Anesthesiology, reanimation and intensive therapy

2.2.6 Faculty surgery

2.2.7 Hospital therapy

2.2.8 Hospital surgery

2.2.9 Pediatric surgery

2.2.10 Life safety

### 3. STUDENTS' COMPETENCIES RESULTING FROM THE COURSE UNIT (MODULE)

#### SPC-3: readiness to self-development, self-realization, self-education, usage of creative potential

##### Knowledge:

Level 1	Process and mechanisms and self-realization of person
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Level 2	Several characteristics of process and mechanisms of self-development and self-realization
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Level 3	Significant characteristics of process of self-development and self-realization
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##### Skills:

Level 1	To make a choice of potential personal abilities and possibilities for performing activity
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Level 2	To realize personal abilities in different kinds on activity demonstrating a creative approach to situations resolution
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Level 3	To make an argument choice of personal abilities and possibilities when doing independent creative realization of various kinds of activity with considering goal and conditions of its performing
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##### Expertise:

Level 1	Particular technique of self-development and self-realization
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Level 2	Particular technique of self-development and self-realization realizes free personal choice of techniques in standardsituations
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Level 3	Complete system of techniques of self-development and self-realization demonstrating a creative approach in choice of technique with considering certain and uncertain situation in professional and other fields of activity
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#### PC-6, PC-19: ability and readiness to use methods of aseptics and antiseptics, medical instruments, to expertise nursing skills; readiness to providing patient's first care organization and providing first medical-sanitary aid

##### Knowledge:

Level 1	General rules of providing patient's care organization and first medical-sanitary aid
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Level 2	Specific of general methods in patient's care organization and first medical-sanitary aid
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Level 3	General methods of patient's care organization and first medical-sanitary aid
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##### Skills:

Level 1	Disclose purpose of patient's care organization and first medical-sanitary aid
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Level 2	Compare different methods of patient's care organization and first medical-sanitary aid
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Level 3	Notice practical benefits of concrete methods in patient's care organization and first medical-sanitary aid
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<b>Expertise:</b>	
Level 1	Skills of readiness to providing patient's care organization and first medical-sanitary aid
Level 2	Approaches to searching and detecting of general methods of patient's care organization and first medical-sanitary aid
Level 3	Assessment, differentiative skills of general methods in patient's care organization and first medical-sanitary aid

### **Final Students' Competences**

<b>3.1</b>	<b>Knowledge:</b>
3.1.1	The importancy of nursing care
3.1.2	The general principles of nursing
3.1.3	The ethics and deontology of nursing
3.1.4	The types of cleaning units, dressing units, rules of work with disinfectant solutions
3.1.5	The rules of personal hygiene
<b>3.2</b>	<b>Skills:</b>
3.2.1	To make wet cleaning of wards using disinfectant solutions;
3.2.2	to make sanitary treatment of patient during admission and staying in the hospital;
3.2.3	to change patient's dress and linen;
3.2.4	to provide patient's hygiene: mouth care, hair care, care of eyes and nose;
3.2.5	to feed seriously-ill patients;
3.2.6	to provide prevention of pressure sores and diaper rash;
3.2.7	to transfer patients to another unit;
3.2.8	to observe respiration and giving oxygen;
3.2.9	to measure body temperature;
3.2.10	to measure pulse, blood pressure;
3.2.11	to provide medication;
3.2.12	to use hot-water bottle and ice pack;
3.2.13	to collect blood, stool, urine, sputum;
3.2.14	to give an enema;
3.2.15	to perform the gastric lavage;
3.2.16	to provide first aid with chest pain;
3.2.17	to provide first aid in case of bleeding;
3.2.18	to provide first aid with vomiting;
3.2.19	to provide first aid with dyspnea;
3.2.20	to provide cardio-pulmonary resuscitation.
<b>3.3</b>	<b>Expertise:</b>
3.3.1	In technique of all kinds of cleaning (preliminary, current, final, general)
3.3.2	in technique of hand washing and hand antiseptic;
3.3.3	in correct managing of medical wastes;
3.3.4	in technique of personal hygiene;
3.3.5	in technique of pressure sores and diaper rash prevention;
3.3.6	in technique of feeding seriously-ill patients;
3.3.7	in technique of transferring patients to another department;
3.3.8	in technique of measuring respiration, pulse, arterial blood pressure;
3.3.9	in technique providing first-aid.