



## Psychiatry and medical psychology

### Working program of the discipline (module)

Assigned to the Department	of Medical Psychology, Psychiatry and Psychotherapy	
Curriculum	310501_21_45 лд ин.plx Специальность 31.05.01. - РФ, 560001 - КР Лечебное дело (для иностранных студентов)	
Qualification	<b>doctor</b>	
Form of study	Full-time	
Total Labor	<b>5 ZET</b>	
Hours according to the curriculum	180	Types of control in semesters
including		credit 7
Classroom sessions	96	exam 8
Independent work	56,7	
	26,5	

Distribution of discipline hours by semester

Semester (<Course>.<Semester on the course>)	7 (4.1)		8 (4.2)		Total	
	УП	РП	УП	РП	УП	РП
Weeks	18		17			
Type of classes	УП	РП	УП	РП	УП	РП
Lectures	16		16		32	
Practical	32		32		64	
Contact work during theoretical training	0,3				0,3	
K Contact work during exam session			0,5		0,5	
Including int.			3		3	
Total aud.	48		48		96	
Contact work	48,3		48,5		96,8	
Independent work	23,7		33		56,7	
Hours for control			26,5		26,5	
Total	72		108		180	

The Course outline developed by:

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Reviewers:

associate professor, c.m.s. Galako T.I., associate professor, c.m.s. Ismailov U.I

The course outline

developed in full compliance with FSES 3++:

Federal State Education Standards of Higher Professional Education for students trained for specialty 31.05.01 (The Ministry of Education and Science of the Russian Order of 12.08.2020 г. № 988)

in accordance with Academic Curriculum:

31.05.01

confirmed by KRSU Board of Academics in \_\_\_\_\_ record № \_\_\_\_\_

The Course Outline endorsed by Medical Psychology, Psychiatry and Psychotherapy Department Meeting

Record of \_\_\_\_\_ 2025 г. № \_\_\_\_\_

Valid for: 2025- 2030 academic year

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**The course outline endorsed for the following academic year**

Chairman of the Educational and  
Methodological Board

\_\_\_\_\_ 2026 г.

The course outline has been revised, considered and endorsed for implementation  
in 2023-2024 Academic Year at the Staff Meeting of Medical Psychology, Psychiatry and Psychotherapy Department

Record of \_\_\_\_\_ 2026 г. № \_\_\_\_  
The Head of Department associate professor, c.m.s. Ten V.I.

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**The course outline endorsed for the following academic year**

Chairman of the Educational and  
Methodological Board

\_\_\_\_\_ 2026 г.

The course outline has been revised, considered and endorsed for implementation  
in 2023-2024 Academic Year at the Staff Meeting of Medical Psychology, Psychiatry and Psychotherapy Department

Record of \_\_\_\_\_ 2027 г. № \_\_\_\_  
The Head of Department associate professor, c.m.s. Ten V.I.

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**The course outline endorsed for the following academic year**

Chairman of the Educational and  
Methodological Board

\_\_\_\_\_ 2026 г.

The course outline has been revised, considered and endorsed for implementation  
in 2023-2024 Academic Year at the Staff Meeting of Medical Psychology, Psychiatry and Psychotherapy Department

Record of \_\_\_\_\_ 2028 г. № \_\_\_\_  
The Head of Department associate professor, c.m.s. Ten V.I.

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**The course outline endorsed for the following academic year**

Chairman of the Educational and  
Methodological Board

\_\_\_\_\_ 2026 г.

The course outline has been revised, considered and endorsed for implementation  
in 2023-2024 Academic Year at the Staff Meeting of Medical Psychology, Psychiatry and Psychotherapy Department

Record of \_\_\_\_\_ 2029 г. № \_\_\_\_  
The Head of Department associate professor, c.m.s. Ten V.I.

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## 1 COURSE OUTLINE OBJECTIVES

1.1	Acquaintance with the main changes in modern world psychiatry in the direction of humanization and destigmatization of mentally ill and psychiatric disorders.
1.2	Formation of skills in the diagnosis of mental disorders in accordance with the criteria of ICD-10.
1.3	Formation of skills for management and therapy of patients with mental disorders of the outpatient level.

## 2. PLACE OF THE COURSE IN THE EDUCATIONAL PROGRAM

Educational Program Units	Б1.Б
2.1	<b>Students' Preliminary Training Requirements:</b>
2.1.1	Psychopathology
2.1.2	Pharmacology
2.1.3	Medical law
2.2	<b>Course Units and Practical Sessions imposing the prior Proficiency</b>
2.2.1	Psychopathology
2.2.2	Pharmacology
2.2.3	Medical law

## 3. STUDENTS' COMPETENCIES RESULTING FROM THE COURSE UNIT (MODULE)

**PC - 6 (Professional Competencies): ability to determine the patient's basic pathological conditions, symptoms, disease syndromes, nosological forms in accordance with the International Classification of Diseases, 10 revision.**

### Knowledge:

Level 1	The main classification systems of mental disorders.
Level 2	Symptomatology of the most common mental and behavioral disorders.

Level 3	Etiopathogenetic characteristics, symptoms and syndromes of mental disorders.
<b>Skills:</b>	
Level 1	Identify the main groups of mental and behavioral disorders according to modern classification systems.
Level 2	To carry out measures for differential diagnosis of mental disorders.
Level 3	To carry out measures to determine the therapeutic route of a patient with mental disorders.
<b>Expertise:</b>	
Level 1	Skills of psychological counseling in the context of primary health care.
Level 2	Skills of psycho-psychiatric care in cases of comorbid conditions in conditions hospital.
Level 3	Skills of providing emergency psychiatric care in a somatic hospital.
<b>PC - 5 (Professional Competencies): Readiness to interviewing and analyze patient complaints, examination results, laboratory, instrumental, pathological anatomical and other tests in order to recognize the condition or establish the fact of the presence or absence of the disease.</b>	
<b>Knowledge:</b>	
Level 1	The main classification systems of mental disorders.
Level 2	Symptomatology of the most common mental and behavioral disorders.
Level 3	Etiopathogenetic characteristic, symptom and syndromology of mental disorders.
<b>Skills:</b>	
Level 1	Identify the main groups of mental and behavioral disorders according to modern classification systems.
Level 2	To carry out measures for differential diagnosis of mental disorders.
Level 3	To carry out measures to determine the therapeutic route of a patient with mental disorders.
<b>Expertise:</b>	
Level 1	Skills of psychological counseling in the context of primary health care.
Level 2	Skills of psycho-psychiatric care in cases of comorbid conditions in hospital.

Level 3	The skills of providing emergency psychiatric care in a physical hospital
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### Final Students' Competences

<b>3.1</b>	<b>Knowledge:</b>
<b>3.1.1</b>	The main signs of stigmatization of mental disorders and mentally ill people, have ideas about activities for destigmatization, primarily at the level of primary health care.
<b>3.1.2</b>	Basic principles of construction and structure of the head of the F (V) of the ICD-10 "Mental and behavioral disorders".
<b>3.1.3</b>	The main clinical manifestations of mental disorders of various levels.
<b>3.1.4</b>	Diagnostic criteria for mental disorders of a stationary level.
<b>3.1.5</b>	Criteria for diagnosis and differential diagnosis of mild forms of mental disorders, most often occurring in the practice of an internist.
<b>3.1.6</b>	Principles of biological therapy of mental disorders, especially the most frequently used in the internal practice groups of psychotropic drugs: tranquilizers, antidepressants, normotimics and vegetative stabilizers.
<b>3.2</b>	<b>Skills:</b>
<b>3.2.1</b>	Establish a therapeutic contact and reach compliance with patients with superficial mental disorders.
<b>3.2.2</b>	Identify diagnostic criteria for mental disorders of different levels recommended by ICD-10.
<b>3.2.3</b>	To conduct differential diagnosis of outpatient mental disorders, primarily neurotic, stress-related and somatoform disorders.
<b>3.2.4</b>	Identify the targets of biological therapy in mild forms of mental disorders.
<b>3.2.5</b>	Diagnose the signs of the dependence syndrome in the main variants of chemical addictions.
<b>3.3</b>	<b>Expertise:</b>
<b>3.3.1</b>	Skills of questioning mentally ill outpatient level.
<b>3.3.2</b>	Skills of the organization of measures on destigmatization at the primary level of health care in the public health system.

3.3.3	Skills of registration of diagnostic criteria ICD-10 of the main forms of mental disorders of different levels.
3.3.4	Skills of management and appointment of necessary psychotropic drugs, control of therapeutic and side effects in mental disorders of the outpatient level.

#### 4. COURSE (MODULE) STRUCTURE AND CONTENT

Class code	Subject Name /Type of Class/	Semester/ year	Hours	Competences	Literature	Interactive Sessions	Notes
	<b>Section 1. Introduction to clinical psychiatry.</b>						
1.1	Introduction to psychiatry. Principles of construction of modern classification systems. (Lect.)	8	1	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
1.2	Goals and tasks of the psychiatric service. Basic legal acts regulating the provision of psychiatric care. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
1.3	The principles of ICD-10. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
1.4	Advantages and disadvantages of modern classification	8	2	PC-5 PC-6	R 1.1,R 1.2,R2.1,	0	

	systems of mental diseases. (Ind.)				R2.2, R 2.3, R 2.4		
	<b>Section 2. Exogenous mental disorders of a stationary level.</b>						
2.1	Mental and behavioral disorders associated with organic brain damage. (Leet.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
2.2	Dementia. Psychotic disorders of organic genesis. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	1	
2.3	Mood disorders of organic genesis. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
2.4	Features of mental disorders in epilepsy. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
	<b>Section 3. Endogenous mental disorders of a stationary level.</b>						
3.1	Schizophrenia. Schizophreniform and delusional disorders. (Leet.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	

3.2	Schizophrenia. Other delusional disorder. (Pract.)	8	6	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
3.3	Acute psychotic disorders. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
3.4	The ways of rehabilitation of patients suffering from schizophrenia. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
3.5	Mood disorders. (Leet.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
3.6	Mania. Bipolar disorder. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
3.7	Depression. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
3.8	Provision of psychological assistance in suicidal behavior. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
	<b>Section 4. Mental disorders of the outpatient level.</b>						
4.1	Neurotic, stress- related and	8	2	PC-5 PC-6	R 1.1,R 1.2,R2.1,	0	

	somatoform disorders. (Leet.)				R2.2, R 2.3, R 2.4		
4.2	Anxiety-phobic disorders. Obsessive-compulsive disorder. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.3	Adaptation disorders. Somatoform disorders. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	1	
4.4	Dissociative disorders. Features of differential diagnostics. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.5	Behavioral syndromes associated with physiological disorders and physical factors. (Leet.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.6	Eating disorders. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.7	Sleep disorders. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.8	Abuse of non-addictive substances. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.9	Personality disorders. (Leet.)	8	2	PC-5 PC-6	R 1.1,R 1.2,R2.1,	0	

					R2.2, R 2.3, R 2.4		
4.10	Paranoid, schizoid, dissocial personality disorders. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.11	Anankastic, anxious, dependent and hysterical personality disorders. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.12	Chronic changes in personality after experiencing catastrophes. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.13	Mental retardation. (Leet.)	8	1	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
4.14	Features of diagnosis and rehabilitation of patients with mental retardation. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
	<b>Section 5. Narcology</b>						
5.1	Introduction to narcology. Chronic alcoholism. (Leet.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
5.2	Acute alcohol intoxication. (Pract.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	

5.3	Syndrome of chronic alcohol dependence. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
5.4	Topical issues of rehabilitation of patients with alcoholism. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
5.5	Conditions associated with the reception of the substance. (Leet.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
5.6	Abuse of opioids and psychedelics. (Pract.)	8	4	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	
5.7	Topical issues of rehabilitation of patients with drug dependence. (Ind.)	8	2	PC-5 PC-6	R 1.1,R 1.2, R2.1, R2.2, R 2.3, R 2.4	0	

## **5. ASSESSMENT FUND**

### **5.1. Advancement Questions and Assignments**

Appendix 1

Appendix 2

### **5.2 Course Papers Themes**

Not foreseen by discipline

### **5.3. Assessment Fund**

Appendix 1

Appendix 2

Appendix 3

### **5.4 List of Assessment Tools**

**6. COURSE (MODULE) METHODOLOGICAL AND INFORMATIONAL SUPPORT.**

**6.1. Recommended Reading**

**6.1.1 Required Reading List**

	Authors, compliers	Title	Publisher, year
R 1.1	Benjamin J. Sadock, Virginia Alcott Sadock, Pedro Ruiz	Kaplan and Sadock's Comprehensive Textbook of Psychiatry (2 Volume Set).	LWW; Tenth, 2 Volume Set edition, 2017
R 1.2	Benjamin Sadock, Virginia A. Sadock, Pedro Ruiz	Kaplan & Sadock's Concise Textbook of Clinical Psychiatry	LWW; Fourth edition, 2017

**6.1.2 Advanced Reading**

	Authors, compliers	Title	Publisher, year
R2.1	Alison Lee	Psychopathology: A Social Neuropsychological Perspective	Cambridge University Press; 1st edition edition 2018
R2.2	Edward H. Drummond	Complete guide to psychiatric drugs-straight talk for best results.	John Wiley & Sons, Inc, 2006
R2.3	Robin M. Murray	Essential Psychiatry	Cambridge University Pres, 2008

R2.4	Ellen Thackery (Editor), Madeline Harris (Editor)	Gale Encyclopedia of Mental Disorders	Thomson Gale, 2002
<b>6.3. List of Information and Education Technologies</b>			
<b>6.3.1. Competence-based Educational Technologies</b>			
6.3.1.1	Traditional Educational Technologies		
6.3.1.2.	Innovative Educational Technologies		
6.3.1.3	Information Educational Technologies		
<b>6.3.2. List of Information Reference Systems and Software</b>			
6.3.2.1	International Medical Training Academy Limited(IMTA). <a href="http://www.imta.co.uk">www.imta.co.uk</a> YouTube Video Channel: <a href="http://www.youtube.com/channel/UCvbvt37vJcKbrZaakzSMLw">www.youtube.com/channel/UCvbvt37vJcKbrZaakzSMLw</a>		
6.3.2.2	Medscape Medical Students: <a href="http://www.medscape.com/medicalstudents">www.medscape.com/medicalstudents</a>  Medscape Psychiatry: <a href="http://www.medscape.com/nspchiatry">www.medscape.com/nspchiatry</a>		
6.3.2.3	Wikipedia The Free Encyclopedia: <a href="https://en.wikipedia.org/">https://en.wikipedia.org/</a>		
6.3.2.4	American Medical Association: <a href="https://www.ama-assn.org/">https://www.ama-assn.org/</a>  YouTube Video Channel: <a href="https://www.youtube.com/user/AmerMedicalAssn">https://www.youtube.com/user/AmerMedicalAssn</a>		
6.3.2.5	Searching systems: Yahoo, AltaVista, Google, DoctorGuide		
6.3.2.6	Slide decks for Lectures (Microsoft Office PowerPoint).		
6.3.2.7	YouTube, video files by tonics: <a href="https://www.youtube.com/">https://www.youtube.com/</a>		
6.3.2.8	<b>ICD-10:</b> <a href="https://www.icd10data.com/ICD10CM/Codes/F01-F99">https://www.icd10data.com/ICD10CM/Codes/F01-F99</a> <a href="http://aDDS.who.int/classifications/icd10/browse/2016/en#/V">http://aDDS.who.int/classifications/icd10/browse/2016/en#/V</a>		

	<a href="http://www.who.int/classifications/icd/en/bluebook.Ddf">http://www.who.int/classifications/icd/en/bluebook.Ddf</a>
6.3.2.9	<b>American Psychiatric Association:</b> <a href="https://www.osvchiatry.oru/">https://www.osvchiatry.oru/</a>
<b>7. COURSE (MODULE) LOGISTICS</b>	
7.1	Multimedia (computers, projectors, audio players)
7.2	Training videos
7.3	Stimulus material of experimentally psychological examination

## **8. COURSE (MODULE) PROFICIENCY METHODOLOGICAL GUIDELINES (FOR STUDENT)**

At the organizational or the first class, the teacher should bring to the attention of students those conditions and requirements that must be observed throughout the work on this discipline. These conditions supplement the generally accepted rules of the university; take into account the features of the discipline and participants in the educational process - the teacher and students. They must be brought to the attention of each student.

The procedure for studying and monitoring this discipline includes information on the structure of the training course and its division into modules.

For the lecture course:

1. Compulsory attendance of lecture classes.
2. Ability to work with lecture material.
3. Interactive involvement on the topic of the lecture.

For the practical course:

1. Compulsory attendance at practical classes.
2. Ability to work with lecture material and suggested reading.